

Chicken or Shrimp Alfredo

1 pound shrimp (whole) or chicken breast (cut into pieces)
1 cup heavy whipping cream
½ cup evaporated milk
2/3 cup Parmesan cheese
½ cup Mozzarella cheese
½ cup sharp white cheddar cheese
3 tablespoons sugar
1 tablespoon butter
Linguine noodles

Sauce...

In a small pot, turn heat on low and add whipping cream, evaporated milk, cheeses, sugar, and butter. Constantly stir until cheese dissolves into mixture. The mixture should thicken as the cheese dissolves.

Bring pot of water to a boil and cook noodles per package instructions.

Season and sauté chicken or shrimp.

On plate, put noodles, chicken or shrimp, and then cover with sauce.