

## Personal Chef Options

*Chef Courtney shops for groceries to ensure you get the freshest produce, seafood, poultry, pork and beef. She arrives to your home with a traveling kitchen and all you provide is access to your fully functional kitchen. Your meals are packaged in containers and labeled with contents and reheating instructions. Your kitchen is cleaned and your home is left smelling with the scent of home cooking!*

### Individual Meals

*Chef service includes meal packaged for one person. Ideal for office breakfast or lunches.*

*Please note, minimum purchase of \$100 required and delivery fee of \$10 will be charged. Contact chef for price.*

### Professional Four

*Chef service includes four customized meals. Each meal accommodates 4 to 6 people.*

*Please note, if three or more meals are seafood, there is an additional \$50.00 fee. Contact chef for price.*

### Family Six

*Chef service includes six customized meals. Each meal accommodates 4 to 6 people.*

*Please note, if three or more meals are seafood, there is an additional \$50.00 fee. Contact chef for price.*

### Suggested Foods... However, You Can Request Anything You Like

#### Entrees:

Mushroom Cream Sauce (Chicken, Beef, Salmon)  
Fajitas (Chicken, Beef, Shrimp)  
Sautéed Chicken in Lemon Herb Sauce  
Fried (Chicken, Pork Chops)  
Pot Pie (Chicken, Turkey, Vegetable)  
Tacos (chicken, beef, turkey)  
Fried Rice (chicken, pork, shrimp, beef, vegetable)  
Chili (beef, turkey, chicken)  
Jerk Chicken  
Stuffed Manicotti  
Lasagna (beef, chicken, turkey, vegetable)  
Baked Chicken (Plain, Rosemary, Lemon Pepper)

Marsala (Chicken, Pork Chops)  
Quesadillas (Chicken, Beef, Shrimp)  
Teriyaki (Chicken, Beef, Salmon)  
Chicken & Dumplings  
Alfredo (chicken, shrimp, beef)  
Enchiladas (chicken, beef)  
Salad (tuna, chicken, egg)  
Curry Chicken  
Pork Loin  
Dirty Rice  
Spaghetti (chicken, turkey, beef, vegetable)  
Pot Roast with Carrots & Potatoes

#### Sides:

Tomato Basil Pasta Salad	Candied Yams	Fried Green Tomatoes	Vegetable Medley
Asparagus	Broccoli	Spinach	Green Beans
Broccoli cheese casserole	Creamed Spinach	Guacamole	Black Bean Casserole
Greens	Fried Eggplant	Spinach Salad	Scalloped Potatoes
Macaroni and Cheese	Stuffed Mushrooms	Glazed Carrots	Green Beans
Baked Potato	Baked Sweet Potato	Rice (brown/white)	Spanish Rice
Black Eyed Peas	Sweet Peas	Fried Corn	Corn on Cob
Mashed Potatoes	Mashed Cauliflower	Cauliflower	Cabbage